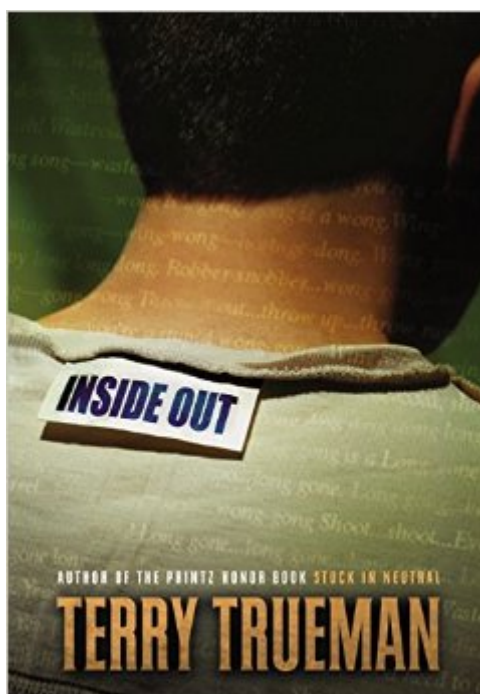


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# Inside Out



## Synopsis

In a busy coffee shop, a robbery goes wrong. Two gunmen hold seven hostages, including teenager Zach Wahhsted. What nobody realizes at first is that Zach is anything but ordinary and his troubled mind is more dangerous than any weapon. Terry Trueman has created a compelling character with the same shocking power and heartbreaking compassion as his Printz Honor Award debut novel, *Stuck in Neutral*. Ages 12+

## Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (41 customer reviews)

Best Sellers Rank: #489,725 in Books (See Top 100 in Books) #120 in [Books > Teens > Literature & Fiction > Social & Family Issues > Suicide](#) #122 in [Books > Teens > Literature & Fiction > Social & Family Issues > Special Needs](#) #384 in [Books > Teens > Mysteries & Thrillers > Law & Crime](#)

## Customer Reviews

" 'Zach, you're a stupid wong-gong, a long-gone wong-gong.'"I ignore this, but while I'm sitting here being quiet, my palms are sweaty and my throat is dry. I need to decide if this situation is real or not; I need to decide that right now. Sometimes I understand what's going on, and other times I don't have a clue. If I don't figure this one out, I could be in trouble."According to the National Alliance for Research on Schizophrenia and Depression:"Schizophrenia is a chronic and severe brain disorder which affects approximately 1 percent of the world population. Approximately 2 million people in the United States suffer from the disease in a given year. Schizophrenia is characterized by positive and negative symptoms. Positive symptoms include delusions, hallucinations, disorganized thinking and markedly disorganized behavior. Negative symptoms include reduced emotional expression, social withdrawal, loss of pleasure, difficulty concentrating and/or thinking, and a lack of energy, spontaneity or initiative. Treatment is aimed at reducing symptoms and preventing psychotic

relapses. Schizophrenia is usually treated with antipsychotic medication, and may be used in combination with psychosocial therapies, such as cognitive behavioral therapy. Many scientists believe that schizophrenia results from a chemical imbalance in the brain, and are investigating various neurotransmitters in determining this imbalance."Sixteen-year-old Zach Wahhsted suffers from adolescent onset schizophrenia. He waits at the coffee shop after school each day; his mom picks him up there up at 3:30 and gives him his medication.

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